

Top Spot Finish for SNHAC

Saturday saw forty-four athletes from Stevenage and North Herts Athletics Club compete in Stevenage at the first Southern Athletics League match of the year. Great performances from the team, including several younger athletes who stepped up to take part in the senior match gave Stevenage the win (216 points) from Tonbridge (196), Havering Mayesbrook (171) and Ipswich (157). Breezy conditions were challenging for athletes in the pole vault and endurance events and a stiff headwind in the home straight daunting for the sprinters.

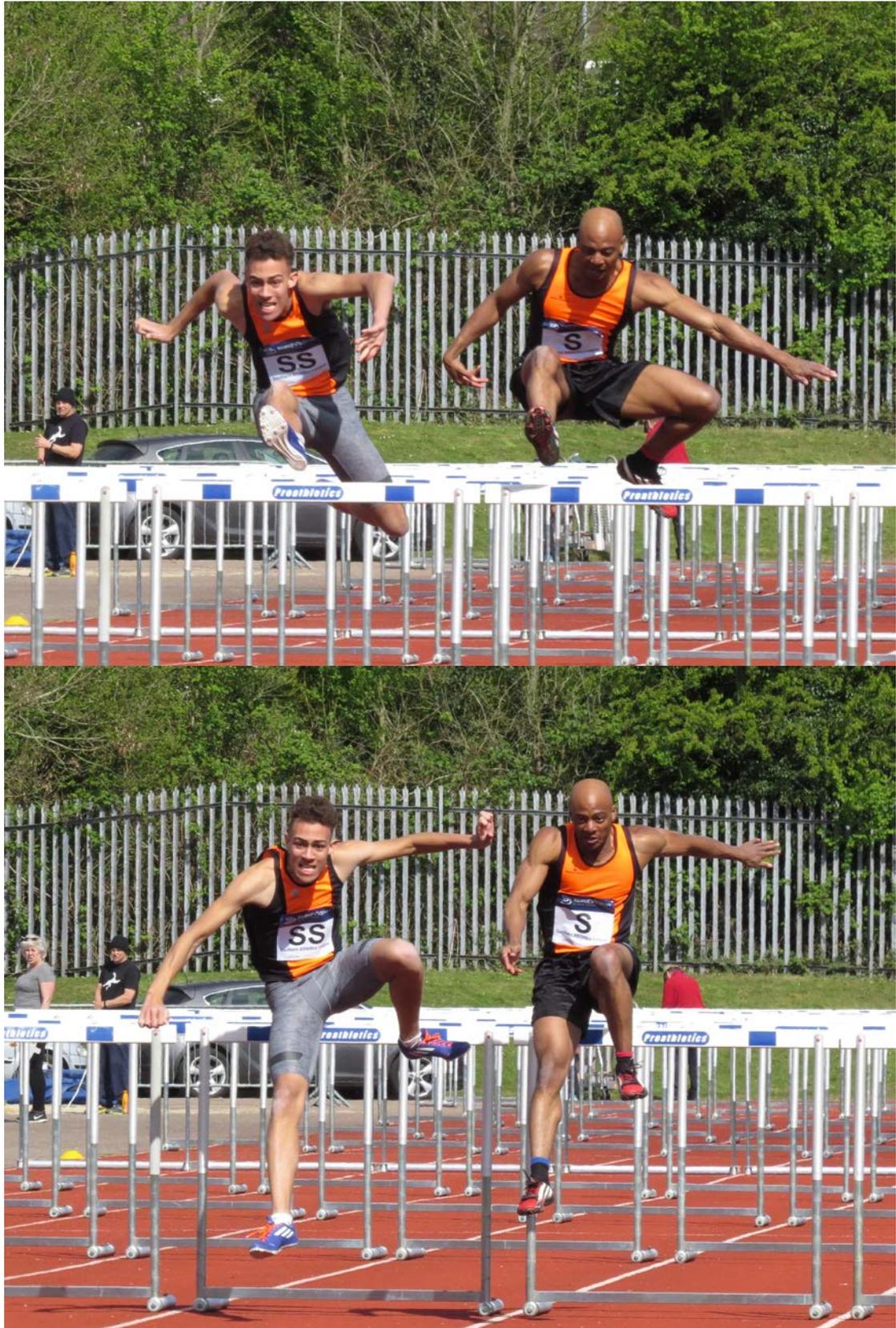
Top performances in the women's team came from Chloe Vernon-Hamilton and Bethany Harley

Vernon-Hamilton won both the A string javelin and shot with 30.15 metres and 12.03 metres whilst Harley won both the B string 200m in 27.1 seconds and the A string 100m hurdles in 17.25 seconds. Also in the 100m hurdles Molly Gardner won the B string in 19.74 seconds. Elsewhere in the female track events Anna Marie Uzokwe won the A string 400m in 59.06 seconds and Rebecca Beddall won the B string 400m hurdles in 73 seconds. In the field, Amelia Royce won the B string shot putt with 9.06 metres, Laura Feely won the B string hammer with 29.14 metres and Georgia Shephard-Gazely won the B string javelin with 28.83 metres.

In the men's events

Charlie Yearwood finished first in the A string 100m and 200m in 11.1 seconds and 22.76 seconds. U17 Freddie Reilly competing in his first 400m hurdle and at senior heights won the A string in 61.73 breaking the club record for the best time by an U17 in the senior event.

Finish of the day came from Elior Harris and Oscar Jopp in the 110m hurdles. Harris winning from Jopp recording 16.77 from 16.80 respectively.



Elior Harris (S) and Oscar Jopp (SS) at the last hurdle. Elior won by .03 of a second!

Harris also won the A high jump with 2.05 metres equalling his personal best and triple jump with 12.71 metres. Also in the high jump and triple jump Tyler Mitchell

won the B string events with 1.90 metres and 12.23 metres. Nathan Gardner won the A string pole vault clearing 4.20 metres with Oscar Jopp winning the B string with 3m50. James Gross won the A string hammer and the B string shot with 46.07 metres and 10.05 metres. Lastly Neil Maclellan won the A string javelin with 62.61 metres.

A brilliant start to the season. Team managers Rebecca Pickard and Lee Grint were incredibly proud and look forward to their next match in May.