

Depleted Team Finish Fourth at Allianz Park in fourth Eastern Young Athletes League match.

Up against the largest club in the region Stevenage and North Herts young athletes put up a 'gutsy' performance for a fourth-place finish behind Shaftesbury Barnet, Chelmsford and Thurrock with Peterborough, Luton and Herts and Ware Combined finishing fifth, sixth and seventh.

Performance of the day came from U15 sprinter Lisa-Marie Uzokwe competing in the 100m, 200m and 300m. Not daunted by SBH's reputation as a great sprint club she won all three events (12.77, 26.70 and 41.73). In the U13 girl's A string competitions Parris Mitchell won the long jump (4m49) and Lucy Reed the discus (17m29), both personal best performances. In the B string events Arabella Parker won the high jump (1m25) and Laura Thompson the discus (13m18). There were another two A string wins in the U17 girl's events with Petra Sijuwade winning the 300m (43.54) and Molly Gardner the pole vault (2m50). Katie Sanders won the B 300m (45.24) and Daisy Needham the B triple jump (9m05).

The U13 boys had a clean sweep in the javelin with Henry Radford and Gregor Smith winning A and B throwing 30m11 and 25m43 respectively. U15 wins came in the A string 80m hurdles and long jump from Joel Evans (12.3) and Glen Harrison (5m30) while Will Lawler won the B high jump clearing 1m55. There were four A string wins the U17 men's age group from Dylan Baines in the pole vault (4m10), David Koffi in the shot (12m62), Dominic Buckland in the discus (40m10) and Michael Knowles in the hammer (40m83). David also won the B string discus (25m37).

The last match of the season is at home on the 13th August against Woodford Green, Braintree, Norwich, Colchester Harriers, Luton and Waveney Valley.