

## Top 10 finish for Oscar at National Champs.

Three U20 Stevenage and North Herts athletes travelled to Sheffield at the weekend for the England Athletics Senior and U20 Indoor Combined Events Championships.

Up against the best in the country, results on Day 1 in the 60m, long jump, shot and pole vault varied. Joey Harrison and Kit Kerr ran personal bests in the 60m (7.71 and 7.39 respectively). Oscar Jopp and Kit both jumped over 6m in the long jump and Kit recorded a 10m43 PB in the Shot, however the most excitement came in the last event, the PV where Oscar joined the 4m 'club' clearing 4m18 – a 25 cm PB to end Day 1 in 11th place. Kit was in 15th and Joey in 25<sup>th</sup>.

Day 2 started with a disaster for Kit, hitting the first hurdle hard, resulting in a DQ but Oscar and Joey both recorded PBs (8.64 and 9.92). HJ saw a PBs for Joey and Kit (1m65 and 1m62). Injury forced Kit to withdraw before the 1000m, Joey ran 2.55.37 and Oscar a PB of 3.13.61.

The Boys ended the competition with With PB point scores – Oscar 4346 and Joey 3613 finishing in 10th and 19th places.

## Wins for Dylan and David at Regional Champs

The Club's U15 and U17 athletes were in action at Lee Valley in the South of England Indoor Age Group Championships. Saturday saw the 60m, 60 hurdles and 1500m events contested. On Saturday U17 Pole vaulter Dylan Baines ran the 60m and 60H recording PBs in both 7.40 and 8.97 (6<sup>th</sup> place in the final). He followed this with a brilliant PV on Sunday to improve his PB by 19cm winning with a 4m40 clearance. Joel Evans running his first hurdle as an U17 recorded 9.86 and Madeleine Waite ran 10.04. Maddie also cleared 1m45 in the high jump on Sunday. U15 Alex Pickard ran a 7.90 PB in his heat of 60m on Saturday and 26.32 200m run on Sunday saw him through to the SF where he ran 26.47. U17 Semba Bwalya ran 24.05 in his heat of the 200m to reach the SF where he ran 24.15. Jack Gladman ran 4.47.45 in the senior men's 1500m on Saturday.



*Dylan Baines*

Joining Dylan with a win on Sunday David Koffi smashed his Shot PB to win the U17 men's event with 14m15. U15 Harry Scrowther won the Shot silver medal with 8m97. Also competing on Sunday U17 Freddie Reilly ran 52.10 in his heat of the 400m to reach the SF but tripped in the SF and didn't reach the final. Shanumi Akinfenwa competed for the first time as an U15 in HJ and LJ. 1m50 in the high jump secured 4<sup>th</sup> place and she jumped a PB in the long jump of 4m49.

### **Tyler wins U13 County Cross Country Championships**

On a bright but cold morning in Watford's Cassiobury Park Under 13 Tyler Wannerton put in the stand out performance at the Hertfordshire County Cross Country Championships. Coming in to the final 100m neck and neck with another athlete Tyler dug deep and pulled away to win in a time of 10 minutes 2 seconds for the 3km course. In the same race Isaac Whitten came in 12<sup>th</sup> in 11.04 with Dylan Thorman finishing in 43<sup>rd</sup> (13.53) despite twisting his ankle on the uneven course. The boys' team finished in 5<sup>th</sup> place.



*Tyler Wannerton*

There were also 5<sup>th</sup> place finishes for Abigail Manson (Under 11 girls, 1500m in 6.55) and Lucy Taylor (U15 girls, 4.5km in 19.34). Lucy was joined in her race by Katie Thompson who came 13<sup>th</sup> in 21.37. In the under 15 boys Harry Hatton finished in 18<sup>th</sup> with a time of 18.55 for the 4.5km while under 17 man Jason List finished his 6km course in 11<sup>th</sup> in 22.44. For the ladies under 17 Lizzie Raymont ran 6km in 28.09 for 15<sup>th</sup> place.

Two athletes competed in the Under 13 girl's competition with Laura Thompson coming 19<sup>th</sup> (12.36) and Laura Stephens 28<sup>th</sup> (13.29).

The final competitor of the day was senior man Chris Westcott who had a 12km course to complete which he did in 44.54 to finish 31<sup>st</sup> of the 132 finishers.

There were some very impressive performances and for four athletes this meant selection for the county team. Joining county champion Tyler in the intercounties competition in Loughborough in

March will be Isaac, Jason and Lucy. The club is also very grateful to all of those parents who gave up their time to marshal the races.